

Side By Side Cymru:

Peer Support Grant Information Sheet



Mid Powys Mind has set up a Peer Support Grant Scheme to support local community groups whose members support each others' mental health and wellbeing.

How much funding is available to groups?

Your group can apply for a grant of up to £250. This grant can be used to purchase equipment, resources or venue hire for your group.

Do we need to be a constituted group to apply?

No. Any purchases or bookings will be made directly by Mind so you don't need to be a constituted group or have a group bank account.

What criteria will be used to select successful applications?

We are looking to fund groups that meet the following criteria;

- ✓ New and existing community-based groups and organisations that meet on a regular basis in Mid and North Powys using their own experiences to help each other.
- ✓ State how the grant will help the group to deliver or sustain their peer support.
- ✓ Has attended a Peer Support networking and training event run by Mid Powys Mind.

What is the Side By Side Cymru Project?

Your local Mind will be;

- ✓ Running training and networking events for people to learn, connect and share their experiences of peer support.
- ✓ Providing 1:1 support and advice to people running peer support groups.
- ✓ Administering a small in-kind grant scheme for peer support groups.
- ✓ Promoting the value of peer support to local mental health commissioners

What Can the Grant Be Used For?



Peer support in your community
Cymorth gan gymheiriad yn eich cymuned

Yes	No
<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Arts and craft materials. <input checked="" type="checkbox"/> Venue hire for the group. <input checked="" type="checkbox"/> Guest speakers. <input checked="" type="checkbox"/> Training for the group. <input checked="" type="checkbox"/> IT equipment <input checked="" type="checkbox"/> Refreshments <input checked="" type="checkbox"/> Sports equipment. <input checked="" type="checkbox"/> Storage of equipment used by the group <input checked="" type="checkbox"/> Marketing materials. E.g. posters and leaflets for the group. 	<ul style="list-style-type: none"> × Trips for groups × Staff Salaries × Childcare costs. × Travelling expenses for group members × Statutory services e.g. provided by a Health or Local authority. × Private businesses × Activities that do not involve peer support

Who do I contact for further information?

If you would like to apply for a Peer Support Grant, at least one member of your group will first need to take part in a Peer Support training or networking event.

You can register your interest in becoming part of Mid Powys Mind's Peer Hub Network by contacting:- (Lorna Jones) on

01597 824411 (hub@midpowysmind.org.uk) we will then send you a grant application form and details of our next training and networking events.

