

Thursday Wellbeing Group Wesley Chapel Hall in Builth Wells



WHAT?

A social group of men and women that meet to enjoy a chat, crafts, art and outings.

WHEN?

2 - 4 pm every Thursday afternoon
EXCEPT 12.30 - 2.30pm on the first Thursday of the month when we cook together.

HOW DO I JOIN?

Just turn up, if you fancy a bit more LAUGHTER in your life.

HOW MUCH?

Each session costs from £1 to 3.50, this includes all materials and refreshments.

Mid Powys Mind sponsors this group.

For more information call 01597 824411 for more details

